

Madison Olds

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Choregraphie par : Ole Jacobson feat. Nina K.

Description : 32 temps, 4 murs, Débutant, Avril 2019

Musique : Madison Olds – Moments in the Mountains



Beginning with the singing

[1-8] Back, recover, Shuffle 1/2 turn L, back, recover, 1/4 turn L, chasse L

- 1,2 RF step after back – weight forwards on LF
- 3&4 1/4 L-turn, RF step after R – LF beside RF set off – 1/4 L-turn, RF step back
- 5,6 LF step back – weight forwards on RF
- 7&8 1/4 R-turn, LF step to the left – RF beside LF set off – LF step to the left

[9-16] Behind, side, cross shuffle, side, recover, cross shuffle

- 1,2 RF behind LF cross – LF step to the left
- 3&4 RF cross over LF – LF at RF near set – RF cross over LF
- 5,6 LF step after left – weight on RF
- 7&8 LF cross over RF – RF at LF near set – LF cross over RF

[17-24] 3/4 turn L, shuffle forward, rock, recover, coaster step

- 1,2 1/2 L-turn, RF step back – 1/4 L-turn, LF step forward
- 3&4 RF step forward – LF at RF near set – RF step forward
- 5,6 LF step forward – weight back on RF
- 7&8 LF step back – RF beside LF set off – LF step forward

[25-32] Cross, point, jazz box with 1/4 turn R

- 1,2 RF cross over LF – LF tap to the left
- 3,4 LF cross over RF -RF tap to the left
- 5,6 RF cross over LF – 1/4 R-turn, LF step back
- 7,8 RF step to the right – LF beside RF

.. and from the beginning

(29)