

# IF I BACK IT UP NOW (Whatcha gonna do)



**Count:** 32    **Wall:** 4    **Level:** Beginner

**Choreographer:** Ira Weisburd (USA) & Raymond Sarlemijn (NORWAY) February 2019

**Music:** If I Back It Up by Nellie Tiger Travis. Album: Wanna Be With You/ Nellie Tiger



**Genre:** R&B Soul Line Dance

**Introduction:** 64 counts @ approximately 40 seconds.

**NO TAGS !! NO RESTARTS !!**

## **PART I. (BACK, BACK, BACK, TOUCH; BACK, BACK, BACK, TOUCH)**

1-2                    Step R back, Step L back  
3-4                    Step R back, Touch L beside R  
5-6                    Step L back, Step R back  
7-8                    Step L back, Touch R beside L

## **PART II. (BACK, RECOVER, TRIPLE STEP FORWARD; FORWARD, FORWARD, TRIPLE STEP FORWARD)**

1-2                    Step R back, Recover forward onto L  
3&4                    Step R forward, Step-close L beside R, Step R forward  
5-6                    Step L forward, Step R forward  
7&8                    Step L forward, Step-close R beside L, Step L forward

## **PART III. MODIFIED K-STEP w/ 1/4 L TURN (DIAGONAL FORWARD, TOUCH, L CHASSE; BACK, TOUCH, TRIPLE 1/4 L TURN)**

1-2                    Step R to R making 1/8 L Turn (10:30), Touch L beside R  
3&4                    Step L to L, Step-close R beside L, Step L to L  
5-6                    Step R back making 1/4 R Turn (1:30), Touch L beside R  
7&8                    Step to L making 1/8 Turn L (12:00), Step-close R beside L, Step L to L making 1/4 L Turn (9:00)

## **PART IV. (FORWARD, RECOVER, TRIPLE BACK; BACK, RECOVER, TRIPLE 1/2 R TURN)**

1-2                    Step R forward, Recover back onto L  
3&4                    Step R back, Step-close L beside R, Step R back  
5-6                    Step L back, Recover forward onto R  
7&8                    Step L forward making 1/4 R Turn, Step-close R beside L, Step L back making 1/4 R Turn (3:00)

**BEGIN DANCE.**

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