

# Woman Amen

Count: 64    Wall: 4    Level: Improver +

Choreographer: Rob Fowler – January 2018

Music: Woman, Amen by Dierks Bentley



**Intro: 32 (approx. 16 secs) – BPM: 120 (approx.)**

**S1: Rock Fwd, Recover & Heel, Hold, & Rock, Recover, ¾ Shuffle Turn**

1,2&            Rock fwd R, Recover on L, Step R next to L  
3,4&            Touch L heel fwd, Hold, Step L next to R  
5,6             Rock forward R, Recover on L  
7&8            Make a ¾ turn R shuffling R,L,R (9 o'clock)

**S2: Side Rock, Recover, Heel Jack, Cross, Side, Behind Side Cross**

1,2             Rock L to L side, Recover on R  
3&4&          Cross L over R, Step R to R side, Touch L heel to L side, Step L next to R  
5,6             Cross R over L, Step L to L side  
7&8            Step R behind L, Step L to L side, Cross R over L(9 o'clock)

**RESTART On wall 2, S2: Change Counts 7&8 to 7,8 Step R Behind L, Step L to L Side, RESTART(facing 6 o'clock)**

**S3: Side Rock, Recover, Cross Shuffle, ½ Hinge Turn, Cross Shuffle**

1,2             Rock L to L side, Recover on R  
3&4            Cross L over R, Step R to R side, Cross L over R  
5,6            Step R to R side, Make a ½ Hinge Turn L stepping L to L side  
7&8            Cross R over L, Step L to L side, Cross R over L (3 o'clock)

**S4: Side Rock, Recover, Behind Side Cross, 2 x ½ Pivot Turns**

1,2             Rock L to L side, Recover on R  
3&4            Step L behind R, Step R to R side, Cross L over R  
5,6            Step fwd R, make ½ pivot turn L  
7,8            Step fwd R, make ½ pivot turn L (3 o'clock)

**S5: Switch Steps, L Sailor Step, R Sailor Step**

1&2&          Point R to R side, Step R next to L, Touch L heel fwd, Step L next to R  
3&4            Touch R heel fwd, Step R next to L, Point L to L side  
5&6            Cross step L behind R, step R to R side, step L to L side  
7&8            Cross step R behind L, step L to L side, step R to R side (3 o'clock)

**S6: Rock Fwd, Recover, ½ Turn Shuffle x 2, L Coaster Step**

1,2             Rock forward L, Recover on R  
3&4            Make a ½ turn L shuffling L,R,L (9 o'clock)  
5&6            Make a ½ turn L shuffling R,L,R (3 o'clock)  
7&8            Step back L, Step R next to L, Step fwd L (3 o'clock)

**S7: Cross, Side Rock, Recover, Cross Point, Cross, Side Rock, Recover, Cross Point**

1&2            Cross R over L, Rock L to L side, Recover to R  
3,4            Cross L over R, Point R to R side  
5&6            Cross R over L, Rock L to L side, Recover to R  
7,8            Cross L over R, Point R to R side(3 o'clock)

**S8: Rock Fwd, Recover, ½ Turn Shuffle, 2 x ½ Turns, Shuffle Fwd**

1,2 Rock forward R, Recover on L

3&4 Make a ½ turn R shuffling R,L,R

5,6 Make a ½ Turn R stepping back L, Make ½ turn R stepping fwd R

7&8 Step fwd L, Step R next to L, Step fwd L (9 o'clock)

**Start Over**

**Last Update - 25th Jan. 2018**