

# Adventure 45

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**Choregraphie par :** Ria Vos & José Miguel Belloque Vane

**Description :** 32 temps, 4 murs, Novice, Avril 2018

**Musique :** « Best Adventure » Leaving Thomas, Single



**Intro: 16 Counts**

## **Dorothy Fwd R-L, Cross Rock, Chasse R**

- 1-2& Step R Fwd to R Diagonal, Lock L Behind R, Step R Fwd to R Diagonal
- 3-4& Step L Fwd to L Diagonal, Lock R Behind L, Step L Fwd to L Diagonal
- 5-6 Cross Rock R Over L, Recover on L
- 7&8 Step R to R Side, Step L Next to R, Step R to R Side

## **Cross Rock, ¼ L, ½ L, Shuffle ½ Turn L, Rock Fwd**

- 1-2 Cross Rock L Over R, Recover on R
- 3-4 ¼ Turn L Step Fwd on L, ½ Turn L Step Back on R
- 5&6 Shuffle ½ Turn L Stepping L-R-L
- 7-8 Rock Fwd on R, Recover on L

## **Shuffle Back, Shuffle ½ Turn L, Heel & Toe & Toe & Heel & -Turning ¼ L**

- 1&2 Shuffle Back Stepping R-L-R
- 3&4 Shuffle ½ Turn L Stepping L-R-L
- 5& Dig R Heel Fwd, Step R Next to L
- 6& Touch L Toe Next to R, ¼ Turn L Step L Next to R
- 7& Touch R Toe Next to L, Step R Next to L
- 8& Dig L Heel Fwd, Step L Next to R

## **Rock Fwd, Ball-Back, Touch-Ball-Step, ½ Turn R, ¼ Turn R Slide, Touch**

- 1-2 Rock Fwd on R, Recover on L
- &3 Step on Ball of R Next to L, Step Back on L
- 4&5 Touch R Next to L, Step on Ball of R Next to L, Step Fwd on L
- 6 Pivot ½ Turn R
- 7-8 ¼ Turn R Step L Big Step to L Side, Touch R Next to L

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