

Vaiven

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Choregraphie par : Rob FOWLER

Description : 64 temps, 4 murs, Intermediaire/Avancé, Janvier 2018

Musique : Vaiven by Chayanne – 112 bpm

Count in: 56 – approx 28 secs

SEC 1: SIDE, HOLD, CROSS ROCK, RECOVER, ¼ TURN, HOLD, STEP, ¾ TURN L

1,2,3,4 Step R to R Side, Hold, Rock L over R, Recover back on R

5,6 Make ¼ to L stepping fwd L, Hold

7,8 Step fwd R, ¾ turn L (12.00)

SEC 2: SIDE, HOLD, SLOW COASTER STEP, TOUCH, BACK, TOGETHER

1,2 Step R to R side, Hold

3,4,5 Step back L, Step R next to L, Step fwd L 6, Touch R behind L 7,8 Step back R, Step L next to R (12.00)

SEC 3: STEP ¼ TURN SWEEP, CROSS SIDE BEHIND SWEEP, BEHIND, SIDE

1,2 Step fwd R, Make ¼ turn R sweep L

3,4 Cross L over R, step R to R side,

5,6 Cross L behind R, Sweep R behind L

7,8 Cross R behind L, Step L to L side (3.00)

SEC 4: SLOW CROSS SHUFFLE, ¼ TURN SWEEP, STEP FWD, FULL MONTEREY WITH SWEEP

1,2,3 Cross R over L, Step L to L side, Cross R over L

4,5 Make ¼ R sweeping L, Step fwd L

6,7,8 Point R to R side, Make full turn R stepping R next to L, Sweep L across R (keep weight on R) (6.00)

SEC 5: STEP ON L, HITCH, JAZZ BOX, HOLD, CROSS, ¼ STEP BACK

1,2,3,4 Step on L, Hitch R knee, Cross R over L, Step back L

5,6,7,8 Step R to R side, Hold, Cross L over R, Make ¼ turn L stepping back R (3.00)

SEC 6: MAKE ¼ TURN L SIDE STEP, HOLD, ROCKING CHAIR, STEP FWD R, PIVOT ½ TURN L

1,2,3,4 Make ¼ turn L stepping L to L side, Hold, Rock fwd R, Recover back L

- 5,6 Rock back R, Recover fwd L
7,8 Step fwd R, Make $\frac{1}{2}$ pivot L (6.00)

SEC 7: MAKE $\frac{1}{2}$ TURN L STEP BACK R, HOLD, SLOW COASTER STEP, STEP FWD, $\frac{1}{4}$ TWIST TURN & RETURN

- 1,2 Make $\frac{1}{2}$ turn L stepping back on R, Hold
3,4,5 Step back L, Step R next to L, Step fwd L
6,7,8 Step fwd R, Make $\frac{1}{4}$ twist turn L on balls of feet, Make $\frac{1}{4}$ twist turn R on balls of feet (weight on R) (12.00)

SEC 8: STEP FWD L, TOUCH, SLOW COASTER ROCK STEP, RECOVER, $1\frac{1}{4}$ TURN BACK R

- 1,2 Step fwd L, Touch R behind L
3,4,5 Step back R, Step L next to R, Rock step fwd R,
6,7,8 Recover back L, make $\frac{1}{2}$ turn R stepping fwd R, Make $\frac{1}{2}$ turn R stepping back L
****NOTE: **Turn $\frac{1}{4}$ R on ball of L to begin dance again on new wall (3.00)**

START OVER – No Tags or Restarts

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